



Girl Scout Weekends Cultural Kitchen Program

NEW AND IMPROVED

International Dinner

"Weekends" at the HI-LA South Bay hostel in San Pedro are reserved exclusively for Girl Scout troops!

Program Dates

Updated 9/24/2008

March 14 & 15, 2009

March 28 & 29, 2009

April 4 & 5, 2009

April 25 & 26, 2009

May 2 & 3, 2009

May 16 & 17, 2009

Programs fill quickly. . . Sign up now and reserve your troop's space!

Girl Scout Weekends is a program of the Los Angeles Council of Hostelling International USA.

1434 Second Street,
Santa Monica, CA 90401
(310) 393-6263 / lahostels.org

Feel confident in the world around you! Treat your troop to a night like no other, as you explore different cultures and customs, and earn the *Discover The World* patch. It is Hostelling International's hope that Girl Scouts embrace the hostelling concept and use this unique program experience as inspiration for other troop adventures in world exploration.

How can you join the fun? Let HI be the guide as your troop researches about another country sharing the world. The girls will take part in one pre-trip planning activity, attend a Cultural Kitchen Program at a HI hostel, and reflect on the experience with a short letter or article about new things learned. Inquiry-based research helps the girls explore the culture, cuisine, geography, government, lifestyle and people of another country.

PROGRAM HIGHLIGHTS

- Each scout earns the *Discover the World* patch!
- Troops select their focus country for study.
- California educational standards shape program curriculum to teach your girls about culture and different countries.
- Based on your country research, each troop will create a presentation before the overnight to share with other troops and guests after dinner.
- You will select two recipes (one entrée, and one side dish or dessert) to bring and cook at the hostel.
- At the hostel, each troop will be given a 2 hour time slot in the kitchen to prepare and cook their dishes.
- At 6 p.m. we all come together and have an international dinner cooked by the girls!
- Presentations after dinner showcase the different cuisines we had at dinner and country research.
- The next morning girls reflect on their research, cooking and presentations, and a picture is taken at the Korean Friendship Bell in front of the hostel.

**EARN A PATCH IN CULTURAL COMPETENCY
AND HAVE FUN DOING IT!**



**Hostelling International USA ~ Los Angeles
Girl Scout Weekends ~ Cultural Kitchen Program Sign Up Sheet**

About Your Group

Troop Leader: _____ Troop #: _____
 Contact Person Name & Address: _____
 Girl Scout Level: _____ Phone: _____
 Email Address: _____
 Girl Scout Council: _____

About the Program

The Cultural Kitchen Program offers four fun-filled opportunities to earn the Discover The World patch! The first part involves a program orientation, and is followed by pre-trip activities to help the girls think about hostelling and cultural concepts. Each troop selects a different focus country, recipes to cook, and a creative way (skits, songs, dances, storyboards, etc.) to share what they have learned with the other girls participating in the program. The experience culminates with an international dinner and an overnight at HI's Los Angeles South Bay hostel. Each troop cooks a meal based on the cuisine from their focus country, and then everyone dines together. Troops are assigned a two-hour block of time in the hostel kitchen to cook their selected recipes. It is the responsibility of each troop to shop, purchase and prepare the menu items for the program. Girl Scout Weekends work to awaken a greater appreciation for other cultures in every participant.

Payment Information

The program cost is \$50 per person and includes:

- Girl Scouts Go Hostelling patch
- Overnight at the HI-LA South Bay Hostel
- Saturday snacks and Sunday breakfast
- Scrapbook for each troop
- Complementary HI youth memberships for each girl and an HI organizational membership for the troop

To reserve space for your troop a \$10 non-refundable deposit for each person attending the program is required. Full payment is due 30 days prior to each program and is non-refundable. GS Weekends are open to all Junior, Cadette, Senior, and Ambassador girls. Each weekend program requires a minimum of 20 participants or it will be cancelled. Steps on how to prepare your troop for the Girl Scout Weekends Program will be sent to you upon receipt of your troop's deposit.

Mail this form completed and with your check to: HI-USA Los Angeles, 1434 Second Street, Santa Monica, CA 90401. Please contact HI with any questions or concerns, phone (310) 393-6263 and fax (310) 393-1763.

Cultural Kitchen Dates	Program Orientations
Select one program date: _____ March 14 & 15, 2009 _____ March 28 & 29, 2009 _____ April 4 & 5, 2009 _____ April 25 & 26, 2008 _____ May 2 & 3, 2009 _____ May 16 & 17, 2009	Select one orientation date to attend: All programs begin at 1:30 p.m. _____ October 4, 2008 _____ November 1, 2008 _____ December 6, 2008 _____ January 3, 2009 _____ March 7, 2009 _____ April 18, 2009 _____ We are opting to do our own first session.
Program Pricing	
\$50 X _____ = \$ _____ Per Person Total # in Group	Total Amount Due Minus (-) \$ _____ Deposit of \$10 per person (sign up fee) Program total due \$ _____ Total Due by _____ (30 days before program date)